Early diagnosis of Pompe disease is the key to achieving the best results from the treatment currently available. Today, the average length of time from symptom onset to diagnosis for patients is ten years.

How You Can Help

Learn the early warning signs of Pompe disease.

A simple blood test can be used to diagnose (or rule out) Pompe disease.

Symptoms of Pompe disease can present in many different ways.

Pompe disease is so rare that doctors often miss the early signs, and patients go misdiagnosed, or undiagnosed.

### Early Symptoms of Infantile Onset Pompe disease*
- Enlarged heart
- Difficulty feeding
- “Floppy” Baby (no muscle control)
- Head Lag
- Delayed development

*Symptoms of Infantile Onset can present within the first weeks of life. Not all symptoms may be present at first.

### Early Symptoms of Late Onset Pompe disease*
- Difficulty walking, or climbing stairs
- Difficulty getting out of a chair
- Difficulty breathing (sometimes noticed as morning headaches, morning nausea, or drowsiness)
- Muscle pain or weakness
- Frequent falls
- Tire easily after mild/moderate exercise

*Symptoms of Late Onset Pompe can present at any age. Not all symptoms may be present at first.

If you suspect Pompe disease, request a test.

TO LEARN MORE ABOUT POMPE DISEASE INCLUDING HOW TO GET TESTED, GO TO: www.worldpompe.org